

WEEK # 4

Menu 2016

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|--|-----------------------------|-------------------------------|------|-------------------------------|-------------------|---|
| Breakfast Menu Items For The Week | | | | | | |
| Oatmeal Cold Cereal Cream of Wheat | Eggs Any Style Bacon | Toast Assorted Muffins | Milk | Assortment Of Fruit Juices | Tea Coffee | 1/2 Grapefruit 1/2 Orange Bananas |

| | Jan. 9 MONDAY | Jan. 10 TUESDAY | Jan. 11 WEDNESDAY | Jan. 12 THURSDAY | Jan. 13 FRIDAY | Jan. 14 SATURDAY | Jan. 15 SUNDAY |
|--|--|--|--|--|---|---|--|
| D I N N E R | Vegetable soup Irish Stew Boiled /Mashed Potatoes Carrots Cheese Cake | Cream Of Onion Soup Grilled Fish Mashed Potatoes Mixed Veg Fruit rice | Tomato Soup Meat Ball in Gravy Mashed Potatoes Rice Green Beans Pears | Rice Soup Chicken Fingers Roasted potatoes Yellow Beans Butter Tarts | Macaroni Soup Baked Fish Mashed Potatoes Broccoli Mandarin Orange | Cream of Broccoli Soup Bologna Mashed Potatoes peas Butterscotch Pudding | Barley Soup Roast Pork Mashed Potatoes Cauliflower Pie |
| S U P P E R | Vegetable soup Chicken A La King on Toast Watermelon | Cream Of Onion Soup Cold plate Squares | Fish Chowder Tea Biscuits Lemon Loaf | Rice Soup Quiche Tossed Salad Peaches | * Macaroni Soup Ham Salad Sandwiches Salad Mousse | Cream of Broccoli Soup Baked beans Hot dog Bread Gingerbread whip cream | Barley Soup Fish Burger Pom Pom Potatoe Strawberries |

Menu may change without notice

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| HS Snack Menu | | | | | Social tea or Arrowroot Cookies | |
| Muffin | Voortman Cookies | Fig Cookies | Toast | Cran citrus cookie | | Sweet Bread |